



Elgin Evangelical Free Church - April 20, 2025

Let It Go
Matthew 9:14-17

I. CLOSE but still CONFUSED - 9:14

A. Clinging to Personality

B. Clinging to Religion

II. BLIND to the BRIDEGROOM - 9:15

A. Inappropriate Fasting

B. Appropriate Fasting

III. Struggling to Sew - 9:16

A. You patch job won't work

B. Your patch job makes it worse

IV. Needing the New - 9:17

A. You can't handle Christ

B. You can only become new In Christ

Life Group Study Questions

Let It Go

Matthew 9:14-17

1. Have you ever been immobilized by what you were unwilling to let go? Explain.
2. The disciples of John the Baptist could not understand why Jesus and His disciples did not fast. What had fasting come to represent to these people?
3. We are easily tempted to replace Christ as our confidence in salvation with someone else or some outward tradition/activity. How have you seen this in your own life?
4. How would you define inappropriate fasting? What about Christ's presence makes it impossible?
5. Jesus places Himself (the bridegroom/Messiah) at the center of the issue of fasting. He is the issue, not the fasting. How is this true of other outward Christian activity? What is the danger if He isn't the issue?
6. Why can't any other system of righteousness contain or be added to Jesus? What is the result if we try?
7. The only way for us to be truly saved is to reject any form of works-based religious activity and to embrace Jesus Christ alone. Why is this so hard to do?

8. Jesus Christ is the new wine and the new wine skin. He is completely other way of Salvation. What do you think of the statement, “Jesus plus nothing equals everything. Jesus plus anything equals nothing”? Do you believe this? Does your life show it?

9. What “old way” or means of justification do you need to let go of today? Acknowledge this and pray for one another.