



Elgin Evangelical Free Church - January 5, 2025

TRUSTING SOVEREIGNTY
Matthew 6:25-34

I. Command: Do Not Worry! – 6:23

A. God is your Father

B. Christ commands it

C. Your life is more than the surface

II. Considerations – 6:24-30

A. Consider the birds – Food

B. Consider sovereignty - Longevity

C. Consider the lilies - Clothing

III. Correction – 6:31-34

A. Live PROTECTED

B. Live PRIORITIZED

C. Live PRESENT

Life Group Questions
TRUSTING SOVEREIGNTY
Matthew 6:25-34

1. Walt Kelly said, “When I don't have anything to worry about, I begin to worry about that.” Do you resonate with this statement? Are you consumed by worry? Why?
2. Why is it different when God tells us not to worry as opposed to anyone else? Why is our relationship with God the bedrock for living free from worry?
3. The word for “life” (Psuech) is a comprehensive term that encompasses all of a person’s being (physical, emotional, spiritual). So God is saying do not worry about all that it takes to sustain your life. Is there an area of your life that you have exemption from this command? Why?
4. Jesus says that “your life is more” than the temporal things we worry about. What does He mean?
5. Jesus gives us three issues that tend to consume our thoughts. Food, Length of Life (health) and Clothing. How do you see this reflected in your own life and experience?
6. The core issue behind our worry is our trust of our Father. We can’t do a better job providing for our lives than He can. If proof of faith is the absence of worry, how is your faith and where does it need to grow specifically in 2025?

7. Jesus wants us to have a bigger goal than temporal survival this year. How does “seeking first His kingdom and righteousness” set us free from the burden of worry? What is God’s promise if we do?

8. God wants you to know Him PRESENTLY! He does not want you to escape today, but to know Him and be useful in the moments He has given you. Read Lamentations 3:22-23 together as group and close with prayer for greater trust in the coming year.