



*Ephesians 5:15-17 (NIV)*

*15 Be very careful, then, how you live—not as unwise but as wise,*

*16 making the most of every opportunity, because the days are evil.*

*17 Therefore do not be foolish, but understand what the Lord’s will is.*

**What is Optimism?**

Optimism > an inclination to anticipate the best possible outcome of actions or events.

**What is Pessimism?**

Pessimism > an inclination to take the least favorable view of actions or events – to expect the worst.

**What is a Realist?**

Realist > someone who tends to view or present things as they really are at this moment in time.

What is a Fatalist?

Fatalist > someone who constantly spews out doom and gloom in just about every turn you take, no matter the situation. They are almost always at odds with something or someone (bone of contention) and are the hardest group of people to satisfy. Doomsday preppers tend to embody this group.

First and foremost – “Tread carefully” or “Watch your step!”  
(Ephesians 5:15)

Psalm 39:4-5: “Show me, Lord, my life’s end and the number of my days; let me know how fleeting my life is. You have made my days a mere handbreadth; the span of my years is as nothing before you. Everyone is but a breath, even those who seem secure.”

Second – “Redeem the time” (Ephesians 5:16)

Third - “Understand and do God’s Will” (Ephesians 5:17)

A few suggestions for you to consider to make this happen in 2022:  
First and foremost – Your relationship with God through Jesus Christ is most important.

Second – God’s will for your life also includes spending quality time with your family. Schedule it – because we all know nothing happens today until you schedule or plan it.

Third – You need to be the Church in the world, loving others and serving others, using your spiritual gifts - in the name of Jesus.

The first rule of life is “don’t sweat the small stuff.” And the second rule of life is... “it’s all small stuff.”

*“And do this, understanding the present time: The hour has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed. The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light.”*

*(Romans 13:11-12)*