

- I. Be Thankful 103:1-2
 - A. God Comprehensive object

B. Soul – Comprehensive location

- C. Forgetfulness Comp. enemy
- II. Be Informed 103:3-5
 - A. He Pardons & Heals

B. He Redeems & Crowns

C. He Satisfies & Renews

III. Be Transformed – 103:5

A. Take 5-10 minutes daily for the next week and express your thanks to God for what he has done for you.

B. Do this before you bring up your needs.