

PASTOR JOHN DUNKIN

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STRESS FREE STABILITY

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

The Key Command—Stop Being Anxious!

Matthew 6:25-34

Embrace the Command

Matthew 11:28-29

*A comprehensive command!

*A continual command!

2. Execute the Command

*Pray in dependence

*Pray about everything

*Pray in thankfulness

Philippians 1:3

3. Experience the Command

*It's His Peace

*It's His Shalom

*It's His Protection

*It's Jesus



**Look At
Me!**